



CASTLE CONNOLLY MEDICAL LTD.

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John K. Castle, Chairman
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Jack Trainor, M.D.
4701 N Federal Hwy, Ste A10
Fort Lauderdale, FL 33308

Dear Dr. Trainor,

Congratulations. You have been selected as a Castle Connolly Top Doctor in the field of Sports Medicine.

Castle Connolly Medical Ltd.'s mission is to help consumers find the best healthcare. Our nationally acclaimed guides, **America's Top Doctors®** and **America's Top Doctors® for Cancer**, and online searchable database, www.castleconnolly.com, are highly regarded by physicians, hospitals and consumers alike. Built on the foundation of our long established selection methods, Castle Connolly's brand is considered America's trusted source for identifying Top Doctors.

After being nominated by your peers in our survey process as an outstanding physician, our physician-led research team then carefully reviewed your credentials and selected you for your excellence in medical care and practice. Physicians do not and cannot pay to be included in our lists. While you are under no obligation to participate in any Castle Connolly promotions, you will be kept informed of opportunities that may be important to your practice. Apart from this, the Castle Connolly Top Doctor designation creates extensive exposure for you and your practice through some of the leading media outlets in the nation.

In 2011, *U.S. News and World Report* announced their strategic collaboration with Castle Connolly Medical Ltd. to bring together "the nation's two leading companies involved in quality metrics in healthcare." Castle Connolly has also been recognized by several other national media sources including *Good Housekeeping*, *Redbook*, *Town & Country*, *Ladies Home Journal*, *The New York Times*, *USA Today*, *Good Morning America*, *The Today Show*, *20/20* and over 100 other television and radio stations. Furthermore, Castle Connolly Top Doctors are:

- Eligible to appear in Castle Connolly guides and in regional magazine and newspaper articles (more than thirty such as *New York*, *Chicago*, *Boston*, *Philadelphia*, *Memphis*, *Indianapolis Monthly*, *Oklahoma* and *Atlanta*, to name a few.)
- Included on the Castle Connolly website, www.castleconnolly.com, which receives more than 100,000 visits each month from consumers who are seeking excellent doctors.
- Annually reminded to participate in the regional and national nomination process conducted to identify Top Doctors.

Thank you for the invaluable care you provide and, again, it is our pleasure to be the first to say, "Congratulations."

Sincerely,

John J. Connolly, Ed.D.
President & CEO